

**INDIRAGANDHINATIONALOPENUNIVERSITY
PROGRAMME STUDY CENTRE, BIJAPUR-85004P**

BLDEA'S SHRIBMPATIL INSTITUTE OF NURSING SCIENCES, VIJAYAPUR

Schedule for CAHC programme of SOHS - Academic counseling

Jan 2025 session

TIME: 2PM TO 4PM

S. No	Topic	Link of Recoded session / Name of Academic Counselor	Date and Time For 2 hours	Online Link for Theory class /Video Class
1	TC-1 BLK-1 Unit – 1 Introduction to Adolescence and Unit – 2 Needs and Concerns of Adolescents	https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJsgLgLNJrgbb?projector=1	02/05/2025	https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJsgLgLNJrgbb?projector=1 (VideoLink)
2	TC-1 BLK-2 Unit – 1 Physical Changes in Boys and Girls Unit – 2 Cognitive Changes Unit – 3 Emotional and Psychosocial Changes	https://drive.google.com/file/d/1bCMs1lDlo2TKvbJfLglsH8lxnQ6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaquw3/view?usp=drive_link	03/05/2025	https://drive.google.com/file/d/1bCMs1lDlo2TKvbJfLglsH8lxnQ6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaquw3/view?usp=drive_link (Video Link)
3	TC-1 BLK-4 Unit – 1 Sex and Sexuality Unit – 2 Gender	• Doubt clarification for theory course – 1, Block 1, 2 & 3 in first half an hour • Unit 1 & 2 of theory course 1 Block 4 Name of Academic counselor – Mrs Savitri	05/05/2025	https://meet.google.com/yrt-nrza-hbr
4	TC-2 BLK-1 Unit – 1 Health and Hygiene (Including Menstrual Hygiene)	https://drive.google.com/file/d/1dNDQRMvVNYcOAI0FrNbyThy1pwbCPP6Y/view?usp=drive_link	06/05/2025	https://drive.google.com/file/d/1dNDQRMvVNYcOAI0FrNbyThy1pwbCPP6Y/view?usp=drive_link (Video Link)

5	TC-2 BLK-1 Unit – 2 Nutrition	- Doubt clarification for theory course – 2, Block 1, Unit 1, 2 & 3 in first half an hour - Unit 1 & 2 theory course 2 block 1 Name of Academic counselor – Mrs Savitri	07/05/2025	https://meet.google.com/yrt-nrza-hbr
6	TC-2 BLK-1 Unit – 3 Substance Abuse	Name of Academic counselor – Mrs Savitri	08/05/2025	https://meet.google.com/yrt-nrza-hbr
7	TC-2 BLK-2 Unit – 1 Adjustment and Conduct	https://drive.google.com/file/d/1bnhMNakvetyJ8hpxzCwdT6X6QtMFDX9m/view	09/05/2025	https://drive.google.com/file/d/1bnhMNakvetyJ8hpxzCwdT6X6QtMFDX9m/view (Video Link)
8	TC-2 BLK-2 Unit – 2 Peer Influence	https://drive.google.com/file/d/1nABQnofO3nrManHzGmEloLZ80nKrna1c/view	10/05/2025	https://drive.google.com/file/d/1nABQnofO3nrManHzGmEloLZ80nKrna1c/view (Video Link)
9	TC-2 BLK-2 Unit – 3 Stress	https://drive.google.com/file/d/141_TZxfrl2DLM5JHO7QowZTBpcom6Mqh/view	12/05/2025	https://drive.google.com/file/d/141_TZxfrl2DLM5JHO7QowZTBpcom6Mqh/view (Video Link)
10	TC-2 BLK-2 Unit – 4 Depression and Suicide	https://drive.google.com/file/d/1KyWvC7Dkll_K0jhJxu5X9pWFT1y4xE9U/view	13/05/2025	https://drive.google.com/file/d/1KyWvC7Dkll_K0jhJxu5X9pWFT1y4xE9U/view (Video Link)
11	TC-2 BLK-2 Unit – 5 Media Influence	https://drive.google.com/file/d/1NhEQKIMnoDvTnpaovti-me0rc5Klw1UK/view	14/05/2025	https://drive.google.com/file/d/1NhEQKIMnoDvTnpaovti-me0rc5Klw1UK/view (Video Link)
12	TC-2 BLK-3 Unit – 1 RTI/STI And HIV &	Name of Academic counselor – Dr Satish B Nadagaddi	15/05/2025	https://meet.google.com/yrt-nrza-hbr

	AIDS Unit – 2 Sexual Harassment /violence			
13	TC-2 BLK-3 Unit - 3 Early marriage & Teenage pregnancy	https://drive.google.com/file/d/1LZAfCi8l9X2MmT6YPmOtJBcvBJ9vQaLG/view	16/05/2025	https://drive.google.com/file/d/1LZAfCi8l9X2MmT6YPmOtJBcvBJ9vQaLG/view (Video Link)
14	TC-2 BLK-4 Unit – 1 Life Skills (Personality development)	Name of Academic counselor – Dr Laxmi	17/05/2025	https://meet.google.com/yrt-nrza-hbr
15	TC-2 BLK-4 Unit - 2 Communicating with Adolescents	Name of Academic counselor – Dr Amitkumar Biradar	19/05/2025	https://meet.google.com/yrt-nrza-hbr
16	TC-2 BLK-4 Unit – 3 Guidance and Counselling	Name of Academic counselor – Dr Amitkumar Biradar	20/05/2025	https://meet.google.com/yrt-nrza-hbr
17	TC-2 BLK-4 Unit – 4 Counseling strategies and skills	Name of Academic counselor – Mr Sachin Parnakar	21/05/2025	https://meet.google.com/yrt-nrza-hbr
18	TC-2 BLK-4 Unit – 5 Scholastic Issues (Career Plan)	Name of Academic counselor – Mr Sachin Parnakar	22/05/2025	https://meet.google.com/yrt-nrza-hbr